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continuation of the proof of the fundamental theorem
of calculus for $f \in L^1(\mathbb{R})$...

$$\text{let } A := \{x \mid \lim_{y \rightarrow x} \left| \frac{F(y) - F(x)}{y - x} - f(x) \right| > 0\}$$

If we prove that $m(A) = 0$ then we've proven that
 $F'(x)$ exists and equals $f(x)$ for almost all x .

$$\text{let } A_\delta := \{x \mid \lim_{y \rightarrow x} \left| \frac{F(y) - F(x)}{y - x} - f(x) \right| > \delta\}.$$

If $\delta_n = 1/n$ then $A_{\delta_1} \supseteq A_{\delta_2} \supseteq A_{\delta_3} \supseteq \dots$

$$\text{and } A = \bigcup_{n=1}^{\infty} A_{\delta_n}. \Rightarrow m(A) = m\left(\bigcup_{n=1}^{\infty} A_{\delta_n}\right) = \lim_{n \rightarrow \infty} m(A_{\delta_n}).$$

We will prove that given $\varepsilon > 0 \exists M$ (indep of $\varepsilon \& \delta$)
so that $m(A_\delta) \leq M\varepsilon$ for all δ . It would
then follow that $m(A) \leq M\varepsilon$. Since ε is
arbitrary, this inequality holds for all $\varepsilon \Rightarrow m(A) = 0$
as desired.

Fix $\varepsilon > 0$ and $\delta > 0$.

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Choose $g \in C(\mathbb{R})$ so that $\|f-g\|_1 < \varepsilon \delta$

Let $G(x) := \int_a^x g(y) dy$. Given $y \neq x$ let I be the closed interval with endpoints $x \pm y$.

$$\text{if } x < y \text{ then } I = [x, y] \text{ and } \frac{F(y) - F(x)}{y - x} = \frac{1}{|I|} \int_{[x,y]} |f| = \frac{1}{|I|} \int_I |f|$$

then

$$\begin{aligned} \left| \frac{F(y) - F(x)}{y - x} - f(x) \right| &\leq \frac{1}{|I|} \left| \int_I f - g \right| + \left| \frac{G(y) - G(x)}{y - x} - g(x) \right| + |g(x) - f(x)| \\ &\leq \frac{1}{|I|} \int_I |f-g| + \left| \frac{G(y) - G(x)}{y - x} - g(x) \right| + |g(x) - f(x)| \end{aligned}$$

$$h := f-g \in L^1(\mathbb{R})$$

The Hardy-Littlewood function $h^*(x)$ is defined via open intervals
Introducing $I_n = (x - \gamma_n, x + \gamma_n)$ we can use the
Lebesgue Dominated convergence theorem to show that

$$\lim_{n \rightarrow \infty} \frac{1}{|I_n|} \int_{I_n} |h| = \frac{1}{|I|} \int_I |h| \quad \text{Since} \quad \frac{1}{|I_n|} \int_{I_n} |h| \leq h^*(x), \text{ it follows}$$

$$\Rightarrow \frac{1}{|I|} \int_I |f-g| \leq h^*(x)$$

If $x > y$, the same argument with $I = [y, x]$ leads to

$$\left| \frac{F(x-y)}{x-y} - f(x) \right| \leq h^*(x).$$

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Hence

$$\left| \frac{F(y) - F(x)}{y-x} - f(x) \right| \leq h^*(x) + \left| \frac{G(y) - G(x)}{y-x} - g(x) \right| + |h(x)|$$

 \Rightarrow

$$\begin{aligned} \lim_{y \rightarrow x} \left| \frac{F(y) - F(x)}{y-x} - f(x) \right| &\leq h^*(x) + \lim_{y \rightarrow x} \left| \frac{G(y) - G(x)}{y-x} - g(x) \right| + |h(x)| \\ &= h^*(x) + |h(x)| \end{aligned}$$

Above, we find that the limit of a sum is less than or equal to the sum of the limits. We also find that $h^*(x)$ and $|h(x)|$ are indep of y . And that G' exists and equals g .

If $a \leq b+c$ and $b \leq \delta/2$ & $c \leq \delta/2$ then $a \leq \delta$

Hence if $a > \delta$ then either $b > \delta/2$ or $c > \delta/2$.

Hence $A_\delta \subseteq \{h^* > \delta/2\} \cup \{|h| > \delta/2\}$

$$\Rightarrow m(A_\delta) \leq m(\{h^* > \delta/2\}) + m(\{|h| > \delta/2\})$$

by the Hardy-Littlewood inequality, $m(\{h^* > \delta/2\}) \leq \frac{5}{\delta/2} \|h\|_1 = \frac{10}{\delta} \|h\|_1$

$$\text{Also, } 0 \leq \frac{\delta}{2} m(\{|h| > \frac{\delta}{2}\}) \leq \int_{|h| > \delta/2} |h| \leq \int |h| = \|h\|_1$$

$$\Rightarrow m(\{|h| > \frac{\delta}{2}\}) \leq \frac{2}{\delta} \|h\|_1$$

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$$\text{Hence } m(A_\delta) \leq \frac{10}{\delta} \|h\|_1 + \frac{2}{\delta} \|h_s\|_1 < \frac{12}{\delta} (\varepsilon \delta) = 12\varepsilon$$

Since $\|h\|_1 = \|f - g\|_1 < \varepsilon \delta$ by our choice of g .

We've now shown that $m(A_\delta) \leq 12\varepsilon$ independent of δ , as desired.

We now prove the Hardy-Littlewood inequality using the following covering lemma from geometric measure theory.

Lemma: Suppose $E \subseteq \mathbb{R}$ is measurable and E is the union of a family of open intervals of length $\leq c < \infty$. Then there exists a finite or countable subcollection of pairwise disjoint intervals I_1, I_2, \dots in this family such that

$$m(E) \leq 5 \sum |I_i|$$

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Proof of Hardy-Littlewood Inequality:

$$E_\lambda := \{h^* > \lambda\}.$$

Let $x \in E_\lambda$. Then \exists open interval I_x containing x such that $\frac{1}{|I_x|} \int_{I_x} |h| > \lambda \Rightarrow |I_x| < \frac{1}{\lambda} \|h\|_1 =: c < \infty$.

Note that if $y \in I_x$ then $h^*(y) > \lambda$ too.

Hence $I_x \subseteq E_\lambda$. We now take the union over all x in E_λ . Hence

$$\bigcup_x I_x \subseteq E_\lambda \subseteq \bigcup_x I_x \Rightarrow E_\lambda = \bigcup_x I_x.$$

We have now proven that E_λ is the union of a family of open intervals each of whose length is \leq a finite constant C .

By the covering lemma, there's a finite or countable subcollection that also covers E_λ .

Such that $m(E_\lambda) \leq 5 \sum |I_{x_i}|$

$$\leq \frac{5}{\lambda} \sum_{I_{x_i}} \int_{I_{x_i}} |h|^{\frac{1}{\lambda}} = \frac{5}{\lambda} \int_{\bigcup I_{x_i}} |h| \leq \frac{5}{\lambda} \|h\|_1.$$

(*) used the mutual disjointness of the subcollection.