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Before proving the spectral theorem, we prove the following lemma:

Lemma: Let E be a Hilbert space and $A \in \mathcal{L}(E, E)$.

1) if $A = A^*$ and W is A -invariant ($AW \subseteq W$)

then W^\perp is also A -invariant

2) if $A = A^*$ then for all $x \in E$ we have $\langle Ax, x \rangle \in \mathbb{R}$
(in particular, all eigenvalues are real.)

3) $\|A\|_{\mathcal{L}(E, E)} = \sup \{ |\langle Ax, y \rangle| \mid \|x\|_E, \|y\|_E \leq 1 \}$

4) if $A = A^*$ then $\|A\|_{\mathcal{L}(E, E)} = \sup \{ |\langle Ax, x \rangle| \mid \|x\|_E \leq 1 \}$

5) if $A = A^*$ and $\lambda \neq \mu$ then $E_\lambda \perp E_\mu$

(recall $E_\lambda = \{x \in E \mid Ax = \lambda x\}$ and

$\dim E_\lambda > 0$ if λ is point spectrum of A .)

Proof:

1) let $y \in W^\perp$ then for any $x \in W$,

$$\langle x, Ay \rangle = \langle Ax, y \rangle \quad \text{since } A^* = A$$

$$= 0 \quad \text{since } AW \subseteq W$$

$$\Rightarrow Ay \perp x \quad \forall x \in W \Rightarrow Ay \in W^\perp \Rightarrow Aw^\perp \subseteq W^\perp.$$

$$2) \quad \overline{\langle Ax, x \rangle} = \langle x, Ax \rangle \quad (\text{rule for inner prod over complex vector spaces})$$

$$= \langle A^*x, x \rangle$$

$$\geq \langle Ax, x \rangle \text{ since } A = A^*$$

$$\Rightarrow \langle Ax, x \rangle \in \mathbb{R}.$$

$$3) \quad |\langle Ax, y \rangle| \leq \|Ax\| \|y\| \leq \|A\| \|x\| \|y\|$$

$$\leq \|A\| \quad \text{since } \|x\|, \|y\| \leq 1$$

$$\Rightarrow \sup \{ |\langle Ax, y \rangle| \mid \|x\|, \|y\| \leq 1 \} \leq \|A\|_{\mathcal{L}(E, E)}.$$

Assume $A \neq 0$. (If $A = 0$ then $\|A\| = \sup \{ |\langle Ax, y \rangle| \mid \|x\|, \|y\| \leq 1 \}$ automatically true.)

Let x satisfy $\|x\| \leq 1$.

case 1: $Ax \neq 0$

then $y = \frac{Ax}{\|Ax\|}$ satisfies $\|y\| \leq 1$

$$\Rightarrow \sup \{ |\langle Ax, y \rangle| \mid \|x\|, \|y\| \leq 1 \} \geq \left| \langle Ax, \frac{Ax}{\|Ax\|} \rangle \right| = \|Ax\|$$

case 2: $Ax = 0$

$$\Rightarrow \sup \{ \quad \} \geq \|Ax\|$$

$$\Rightarrow \sup \{ \quad \} \geq \sup_{\|x\| \leq 1} \|Ax\| = \|A\|_{\mathcal{L}(E, E)}. \quad \text{Combining, } \sup \{ \quad \} = \|A\|$$

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4) Let $\alpha = \sup \{ |\langle Ax, x \rangle| \mid \|x\| \leq 1 \}$
as before $\alpha \leq \|A\|$ \textcircled{a}

Let $\beta = \sup \{ |\langle Ax, y \rangle| \mid \|x\|, \|y\| \leq 1 \}$
= smallest # so that
 $|\langle Ax, y \rangle| \leq \# \|x\| \|y\| \quad \forall x, y$

from 3), we know $\beta = \|A\|$

so to show $\alpha = \|A\|$, it suffices to show

that $|\langle Ax, y \rangle| \leq \alpha \|x\| \|y\| \quad \forall x, y$ since
this would imply $\alpha \geq \beta (= \|A\|)$

$$\Rightarrow \alpha \geq \|A\| \text{ and then } \alpha = \|A\|.$$

We can assume that $\langle Ax, y \rangle$ is a real number.

(Why? If not, replace y with $e^{i\alpha}y$ so that
 $\langle Ax, y \rangle$ becomes real. This will not affect
the right hand side $\alpha \|x\| \|y\|$.)

I want to write $\langle Ax, y \rangle$ in terms of things
like $\langle Aw, w \rangle$. $\langle A(x+y), x+y \rangle = \langle Ax, y \rangle + \langle Ay, x \rangle$
 $+ \langle Ax, x \rangle$
 $+ \langle Ay, y \rangle$

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$$\Rightarrow \langle A(x+y), x+y \rangle = \langle Ax, x \rangle + \langle Ay, y \rangle + 2\langle Ax, y \rangle$$

(and $\langle Ax, y \rangle \in \mathbb{R}$ as well as $A = A^*$!)

Similarly,

$$\langle A(x-y), x-y \rangle = \langle Ax, x \rangle - 2\langle Ax, y \rangle + \langle Ay, y \rangle$$

$$\Rightarrow \langle A(x+y), x+y \rangle - \langle A(x-y), x-y \rangle = 4\langle Ax, y \rangle$$

$$\begin{aligned} \rightarrow 4|\langle Ax, y \rangle| &\leq |\langle A(x+y), x+y \rangle| + |\langle A(x-y), x-y \rangle| \\ &\leq 2\|x+y\|^2 + 2\|x-y\|^2 \end{aligned}$$

$$\begin{aligned} \Rightarrow |\langle Ax, y \rangle| &\leq \frac{1}{4} (\|x+y\|^2 + \|x-y\|^2) \\ &\leq \frac{1}{4} (2(\|x\|^2 + \|y\|^2)) \quad \text{parallelogram} \\ &\quad \text{inequality} \end{aligned}$$

$$\Rightarrow |\langle Ax, y \rangle| \leq \frac{1}{2} (\|x\|^2 + \|y\|^2)$$

Now we apply a classic scaling trick

$$\tilde{x} = \sqrt{\alpha}x \quad \tilde{y} = y/\sqrt{\alpha} \quad \rightarrow \langle A\tilde{x}, \tilde{y} \rangle = \langle Ax, y \rangle$$

$$\Rightarrow |\langle Ax, y \rangle| \leq \frac{1}{2} (\alpha\|x\|^2 + \frac{1}{\alpha}\|y\|^2) \quad \text{for } \alpha > 0.$$

assume $x \neq 0$.

minimise RHS wrt a , and get that
the RHS is smallest when $a = \|y\|/\|x\|$

$\Rightarrow |\langle Ax, y \rangle| \leq \alpha \|x\| \|y\|$, then we're done!

5) if $Ax = \lambda x$ and $Ay = \mu y$ and $A = A^*$

$$\text{then } \langle Ax, y \rangle = \langle \lambda x, y \rangle = \lambda \langle x, y \rangle$$

$$\langle x, A^* y \rangle = \langle x, Ay \rangle = \langle x, \mu y \rangle = \bar{\mu} \langle x, y \rangle$$

$$\text{but } A = A^* \Rightarrow \mu = \bar{\mu}$$

$$\Rightarrow \lambda \langle x, y \rangle - \mu \langle x, y \rangle = 0$$

$$\Rightarrow \langle x, y \rangle = 0 \Rightarrow E_\lambda + E_{\bar{\mu}} //$$

Now we'll prove the spectral theorem!

Proof if $A = 0$ then any vector is an eigenvector
and any orth-normal family spanning E will
be our E_0 . So assume $A \neq 0$

We want to find an eigenvector.

$$\text{We know } \|A\| = \sup \{ |\langle Ax, x \rangle| \mid \|x\| \leq 1 \}$$

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Since $A = A^*$.

\Rightarrow we have a sequence $\{x_n\} \subseteq E$ with $\|x_n\| \leq 1$ such that $\langle Ax_n, x_n \rangle \rightarrow \|A\|$.

Now, since $\langle Ax, x \rangle \in \mathbb{R} \quad \forall x \in E$, we know that $\{\langle Ax_n, x_n \rangle\} \subseteq [-\|A\|, \|A\|]$ and $\{|\langle Ax_n, x_n \rangle|\} \rightarrow \|A\|$.

\Rightarrow some subsequence of $\{\langle Ax_n, x_n \rangle\}$ converges to $\|A\|$ or to $-\|A\|$. i.e. some subsequence converges to λ where $|\lambda| = \|A\|$.

We know A is a compact operator $\Rightarrow \{Ax_n\}$ has a convergent subsequence. passing to this subsequence, $Ax_n \rightarrow y$ for some $y \in E$.

Since $\lambda \neq 0$, we know $y \neq 0$.

$$\begin{aligned} \text{Now } \|Ax_n - \lambda x_n\|^2 &= \|Ax_n\|^2 - 2\lambda \langle Ax_n, x_n \rangle + \lambda^2 \|x_n\|^2 \\ &\leq 2\|A\|^2 - 2\lambda \langle Ax_n, x_n \rangle \end{aligned}$$

as $n \rightarrow \infty$ the RHS $\rightarrow 2\|A\|^2 - 2\lambda^2 = 0$

$\therefore \|Ax_n - \lambda x_n\| \rightarrow 0$. Separately, we know

$$\|Ax_n - y\| \rightarrow 0$$

$\Rightarrow \lambda x_n \rightarrow y \text{ as } n \rightarrow \infty \Rightarrow Ax_n \rightarrow Ay \Rightarrow Ay = \lambda y$
on the other hand, $Ax_n \rightarrow y \Rightarrow A\lambda x_n \rightarrow \lambda y$

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We've found our first eigenvector!

Now we finish the proof w/ th end of Zorn's lemma.
We look at all sets of orthonormal eigenvectors,
with a partial order by inclusion. By Zorn's
lemma, \exists a maximal set of orthonormal
eigenvectors.

Let $W = [\text{span of that maximal orthonormal set}]$

We want to show $W = E$. i.e $W^\perp = \{\vec{0}\}$.

By construction $AW \subseteq W$. So by the lemma,
 $AW^\perp \subseteq W^\perp$. \Rightarrow if we restrict A to W^\perp then
 $A|_{W^\perp}$ is a self-adjoint bounded linear operator
from W^\perp to W^\perp . If $W^\perp \neq \{\vec{0}\}$ then by the
argument of the preceding paragraph, $\exists x \in W^\perp$
so that x is an eigenvector of $A|_{W^\perp}$. $\exists x \perp w$
 \Rightarrow our maximal set of orthonormal
eigenvectors wasn't maximal. $\cancel{x} \Rightarrow W^\perp = \{\vec{0}\}$

$\Rightarrow W = E$. \Rightarrow We've found our orthonormal basis
of eigenvectors. Now we have two more
things to prove. 1) E_λ is finite dim
2) given $\exists \gamma_0$, $\{\lambda \mid |\lambda| > \gamma\}$ is finite.

1) assume that E_λ is infinite dimensional for some λ . \Rightarrow infinitely many of the orthonormal eigenvectors are in E_λ .

$$S = \{i \mid e_i \in E_\lambda\}.$$

Then $\{Ae_i\}_{i \in S}$ is an infinite set such that

$$\|Ae_i - Ae_j\|^2 = \lambda^2 + \lambda^2 = 2\lambda^2$$

\Rightarrow no subsequence of $\{Ae_i\}_{i \in S}$ converges $\Rightarrow A$ not compact.

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2) Similarly, assume $\exists \varepsilon_0 > 0$ so that

$$S = \{\lambda \mid |\lambda| > \varepsilon_0\}$$

is infinite for each $\lambda \in S$, let e_λ be an eigenvector. $\Rightarrow \|Ae_\lambda - Ae_\mu\|^2 = \lambda^2 + \mu^2 > 2\varepsilon_0^2$

If $\lambda, \mu \in S$. $\Rightarrow \{Ae_\lambda\}_{\lambda \in S}$ is an infinite set w/ no accumulation point $\Rightarrow A$ not a compact operator.

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this finishes the proof of the spectral theorem

Corollary: Let $\{A_\alpha\}_{\alpha \in I}$ be a collection of self-adjoint bounded linear operators on a Banach space E so that each A_α is compact and $A_\alpha A_\beta = A_\beta A_\alpha$ for every $\alpha, \beta \in I$. Then \exists an orthonormal basis $\{e_j\}$ of E such that e_j is an eigenvector for each A_α .

Note: I'll prove it for two operators $A \neq B \Rightarrow A, B$ are compact and $AB = BA$. Then you see how to generalize.

Proof First, since A is compact and self-adjoint, by the spectral theorem \exists an orthonormal family of eigenvectors of A .

Let E_λ be an eigenspace of A .

$$= \{x \mid Ax = \lambda x\}$$

Then $BAx = B\lambda x = \lambda Bx$

but $BAX = ABX \Rightarrow A(BX) = \lambda(BX)$

$$\Rightarrow BX \in E_\lambda.$$

i.e. $B(E_\lambda) \subseteq E_\lambda$. $B|_{E_\lambda}$ is self-adjoint and compact

\Rightarrow we can decompose E_λ into orthonormal eigenvectors



of B .

$$\Rightarrow E_\lambda = \text{span}\{f_j\}_1^n$$

where each f_j is an eigenvector of B . Of course since every member of E_λ is an eigenvector of A , we have $\{f_j\}_1^n$ an orthonormal collection of vectors that are eigenvectors of A & of B .

Now take the union over all E_λ

\Rightarrow we have $\bigcup_{\substack{\text{disjoint} \\ \text{spectrum} \\ \text{of } A}} \{f_j\}_1^n$ is the desired family.

Defn: Let E be a Hilbert space and

$A \in L(E, E)$. Then A is normal if $AA^* = A^*A$

Ex: Self adjoint \Rightarrow normal

Ex: Unitary ($U^* = U^{-1}$) \Rightarrow normal

(note Unitary + compact $\Rightarrow \dim(E) < \infty$).

Prop: Let $A \in L(E, E)$, E a Hilbert space. If A compact & normal, then E has an orthonormal basis of eigenvectors of A . For each $\lambda \neq 0$, $\dim E_\lambda < \infty$ and $\forall \lambda \in \{\lambda | \lambda \in \sigma(A)\}$ is finite.